

Nutrition Facts
The Tuscan Salad
(Full size) Serving size 1/2 unit (134.5g)
Amaunt Pre serving
Calories 361
%Dailye Valeu*
Total Fat27g35%
Saturated Fat11g56%
Trans Fat0g0g
Cholesterolmg179g60%
Sodium mg633g28%
Total Carbohydrate10g4%
Fiber3g11%
Total Sugars5g
Protein16g31%
Calcium381mg29%
Iron mg0mg0%
Potassium244mg5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
The Tuscan Sandwich
Serving size 1/2 unit (170g)
Amaunt Pre serving
Calories 507
%Dailye Valeu*
Total Fat3038%
Saturated Fat1259%
Trans Fat0g0
Cholesterolmg307102%
Sodium mg102745%
Total Carbohydrate3513%
Fiber414%
Total Sugars31
Protein2244%
Calcium36428%
Iron mg00%
Potassium1175%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
The Tuscan Pizza
Serving size 1/2 unit (198.5g)
Amaunt Pre serving
Calories 603
%Dailye Valeu*
Total Fat3140%
Saturated Fat1258%
Trans Fat0g0
Cholesterolmg307102%
Sodium mg113549%
Total Carbohydrate5219%
Fiber416%
Total Sugars6
Protein2448%
Calcium39530%
Iron mg30%
Potassium2415%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
The Tuscan Pizza broccoli and cheddar GF crust
Serving size 1/2 unit (173g)
Amaunt Pre serving
Calories 614
%Dailye Valeu*
Total Fat3646%
Saturated Fat1681%
Trans Fat0g0
Cholesterolmg329110%
Sodium mg113349%
Total Carbohydrate4516%
Fiber415%
Total Sugars6
Protein2448%
Calcium57644%
Iron mg10%
Potassium2685%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
The tuscan Pizza GF crust
Serving size 1/2 unit (208.5g)
Amaunt Pre serving
Calories 671
%Dailye Valeu*
Total Fat3545%
Saturated Fat1468%
Trans Fat0g0
Cholesterolmg307102%
Sodium mg108547%
Total Carbohydrate6724%
Fiber310%
Total Sugars7
Protein2041%
Calcium40131%
Iron mg10%
Potassium4945%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
The tuscan Pizza GF crust cauliflower crust
Serving size 1/2 unit (173g)
Amaunt Pre serving
Calories 546
%Dailye Valeu*
Total Fat3342%
Saturated Fat1472%
Trans Fat0g0
Cholesterolmg321107%
Sodium mg106046%
Total Carbohydrate3713%
Fiber415%
Total Sugars6
Protein2245%
Calcium49738%
Iron mg10%
Potassium2295%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts		
The Steakhouse Salad		
Serving size 1/2 unit (205g) ^(Full size)		
Amaunt Pre serving		
Calories 386		
%Dailye Valeu*		
Total Fat	30	39%
Saturated Fat	9	44%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	394	17%
Total Carbohydrate	6	2%
Fiber	2	7%
Total Sugars	2	
Protein	20	39%
Calcium	92	7%
Iron mg	2	0%
Potassium	469	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Steakhouse Sandwich		
Serving size 1/2 unit (219.5g)		
Amaunt Pre serving		
Calories 515		
%Dailye Valeu*		
Total Fat	31	40%
Saturated Fat	9	45%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	677	29%
Total Carbohydrate	31	11%
Fiber	3	10%
Total Sugars	28	
Protein	25	49%
Calcium	74	6%
Iron mg	1	0%
Potassium	357	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Steakhouse Pizza		
Serving size 1/2 unit (268.5g)		
Amaunt Pre serving		
Calories 682		
%Dailye Valeu*		
Total Fat	39	50%
Saturated Fat	12	62%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	786	34%
Total Carbohydrate	53	19%
Fiber	3	12%
Total Sugars	4	
Protein	27	55%
Calcium	87	7%
Iron mg	4	0%
Potassium	442	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Steakhouse pizza GF broccoli and cheddar crust		
Serving size 1/2 unit (246g)		
Amaunt Pre serving		
Calories 690		
%Dailye Valeu*		
Total Fat	44	56%
Saturated Fat	17	84%
Trans Fat 0g	0	
Cholesterol mg	86	29%
Sodium mg	781	34%
Total Carbohydrate	45	16%
Fiber	3	11%
Total Sugars	4	
Protein	27	54%
Calcium	269	21%
Iron mg	2	0%
Potassium	468	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Steakhouse Pizza GF crust		
Serving size 1/2 unit (278.5g)		
Amaunt Pre serving		
Calories 748		
%Dailye Valeu*		
Total Fat	43	55%
Saturated Fat	14	72%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	732	32%
Total Carbohydrate	67	24%
Fiber	2	6%
Total Sugars	5	
Protein	24	47%
Calcium	94	7%
Iron mg	2	0%
Potassium	694	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Steakhouse Pizza GF cauliflower crust		
Serving size 1/2 unit (243g)		
Amaunt Pre serving		
Calories 623		
%Dailye Valeu*		
Total Fat	40	52%
Saturated Fat	15	76%
Trans Fat 0g	0	
Cholesterol mg	78	26%
Sodium mg	707	31%
Total Carbohydrate	37	13%
Fiber	3	11%
Total Sugars	4	
Protein	25	51%
Calcium	189	15%
Iron mg	2	0%
Potassium	429	9%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Newporter Salad		
Serving size 1/2 unit (163g) ^(Full size)		
Amaunt Pre serving		
Calories 273		
%Dailye Valeu*		
Total Fat	16	20%
Saturated Fat	3	13%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	804	35%
Total Carbohydrate	22	8%
Fiber	2	7%
Total Sugars	3	
Protein	14	28%
Calcium	70	5%
Iron mg	1	0%
Potassium	340	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Newporter Sandwich		
Serving size 1/2 unit (173g)		
Amaunt Pre serving		
Calories 295		
%Dailye Valeu*		
Total Fat	10	12%
Saturated Fat	2	11%
Trans Fat 0g	0	
Cholesterol mg	64	21%
Sodium mg	791	34%
Total Carbohydrate	36	13%
Fiber	3	10%
Total Sugars	29	
Protein	17	34%
Calcium	53	4%
Iron mg	1	0%
Potassium	245	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrition Facts		
The Newporter Pizza		
Serving size 1/2 unit (297.5g)		
Amaunt Pre serving		
Calories 561		
%Dailye Valeu*		
Total Fat	23	30%
Saturated Fat	10	48%
Trans Fat 0g	0	
Cholesterol mg	114	38%
Sodium mg	1306	57%
Total Carbohydrate	57	21%
Fiber	4	13%
Total Sugars	6	
Protein	30	59%
Calcium	435	33%
Iron mg	4	0%
Potassium	508	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Newporter Pizza GF broccoli and cheddar crust		
Serving size 1/2 unit (275g)		
Amaunt Pre serving		
Calories 570		
%Dailye Valeu*		
Total Fat	28	35%
Saturated Fat	14	71%
Trans Fat 0g	0	
Cholesterol mg	136	45%
Sodium mg	1300	57%
Total Carbohydrate	50	18%
Fiber	4	13%
Total Sugars	6	
Protein	29	59%
Calcium	616	47%
Iron mg	2	0%
Potassium	534	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Newporter Pizza GF crust		
Serving size 1/2 unit (307.5g)		
Amaunt Pre serving		
Calories 627		
%Dailye Valeu*		
Total Fat	27	35%
Saturated Fat	12	58%
Trans Fat 0g	0	
Cholesterol mg	114	38%
Sodium mg	1252	54%
Total Carbohydrate	71	26%
Fiber	2	8%
Total Sugars	6	
Protein	26	52%
Calcium	441	34%
Iron mg	1	0%
Potassium	759	16%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Newporter Pizza GF crust		
Serving size 1/2 unit (272g)		
Amaunt Pre serving		
Calories 503		
%Dailye Valeu*		
Total Fat	24	31%
Saturated Fat	13	63%
Trans Fat 0g	0	
Cholesterol mg	128	43%
Sodium mg	1227	53%
Total Carbohydrate	41	15%
Fiber	4	13%
Total Sugars	6	
Protein	28	55%
Calcium	537	41%
Iron mg	1	0%
Potassium	495	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Hawaiian Salad		
(Full size) Serving size 1/2 unit (277g)		
Amaunt Pre serving		
Calories 431		
%Dailye Valeu*		
Total Fat	24	30%
Saturated Fat	12	61%
Trans Fat 0g	0	
Cholesterol mg	106	35%
Sodium mg	1302	57%
Total Carbohydrate	29	11%
Fiber	2	8%
Total Sugars	22	
Protein	24	48%
Calcium	401	31%
Iron mg	1	0%
Potassium	419	9%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Hawaiian Sandwich		
Serving size 1/2 unit (327g)		
Amaunt Pre serving		
Calories 600		
%Dailye Valeu*		
Total Fat	28	35%
Saturated Fat	13	64%
Trans Fat 0g	0	
Cholesterol mg	82	27%
Sodium mg	1565	68%
Total Carbohydrate	55	20%
Fiber	3	12%
Total Sugars	48	
Protein	30	61%
Calcium	401	31%
Iron mg	1	0%
Potassium	556	12%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Hawaiian Pizza		
Serving size 1/2 unit (376g)		
Amaunt Pre serving		
Calories 662		
%Dailye Valeu*		
Total Fat	27	34%
Saturated Fat	12	61%
Trans Fat 0g	0	
Cholesterol mg	106	35%
Sodium mg	1713	74%
Total Carbohydrate	72	26%
Fiber	4	14%
Total Sugars	23	
Protein	32	64%
Calcium	415	32%
Iron mg	4	0%
Potassium	505	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts

The Hawaiian Pizza GF broccoli
and cheddar crust

Serving size 1/2 unit (353.5g)

Amaunt Pre serving

Calories 671

%Dailye Valeu*

Total Fat3140%

Saturated Fat1784%

Trans Fat 0g0

Cholesterol mg12943%

Sodium mg170774%

Total Carbohydrate6524%

Fiber414%

Total Sugars23

Protein3263%

Calcium59646%

Iron mg20%

Potassium53011%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for

Nutrition Facts		
The Hawaiian Pizza GF crust		
Serving size 1/2 unit (386g)		
Amaunt Pre serving		
Calories 728		
%Dailye Valeu*		
Total Fat	31	39%
Saturated Fat	14	71%
Trans Fat 0g	0	
Cholesterol mg	106	35%
Sodium mg	1659	72%
Total Carbohydrate	86	31%
Fiber	2	8%
Total Sugars	24	
Protein	28	56%
Calcium	421	32%
Iron mg	1	0%
Potassium	756	16%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Hawaiian Pizza GF cauliflower crust		
Serving size 1/2 unit (350.5g)		
Amaunt Pre serving		
Calories 631		
		%Dailye Valeu*
Total Fat	28	36%
Saturated Fat	14	68%
Trans Fat 0g	0	
Cholesterol mg	106	35%
Sodium mg	1543	67%
Total Carbohydrate	68	25%
Fiber	2	8%
Total Sugars	23	
Protein	27	54%
Calcium	415	32%
Iron mg	1	0%
Potassium	646	14%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Salad		
Serving size 1/2 unit (156g) ^(Full size)		
Amaunt Pre serving		
Calories 392		
%Dailye Valeu*		
Total Fat	31	39%
Saturated Fat	12	61%
Trans Fat 0g	0	
Cholesterol mg	75	25%
Sodium mg	946	41%
Total Carbohydrate	11	4%
Fiber	2	9%
Total Sugars	3	
Protein	20	40%
Calcium	181	14%
Iron mg	1	0%
Potassium	193	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Sandwich		
Serving size 1/2 unit (206g)		
Amaunt Pre serving		
Calories 504		
%Dailye Valeu*		
Total Fat	32	41%
Saturated Fat	12	59%
Trans Fat 0g	0	
Cholesterol mg	40	13%
Sodium mg	999	43%
Total Carbohydrate	35	13%
Fiber	3	10%
Total Sugars	29	
Protein	21	43%
Calcium	169	13%
Iron mg	1	0%
Potassium	105	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Pizza		
Serving size 1/2 unit (255g)		
Amaunt Pre serving		
Calories 752		
%Dailye Valeu*		
Total Fat	45	57%
Saturated Fat	17	86%
Trans Fat 0g	0	
Cholesterol mg	131	44%
Sodium mg	2047	89%
Total Carbohydrate	53	19%
Fiber	3	12%
Total Sugars	4	
Protein	38	76%
Calcium	229	18%
Iron mg	3	0%
Potassium	199	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Pizza GF broccoli and cheddar crust		
Serving size 1/2 unit (232.5g)		
Amaunt Pre serving		
Calories 760		
%Dailye Valeu*		
Total Fat	49	63%
Saturated Fat	22	109%
Trans Fat 0g	0	
Cholesterol mg	153	51%
Sodium mg	2041	89%
Total Carbohydrate	45	16%
Fiber	3	11%
Total Sugars	4	
Protein	38	76%
Calcium	410	32%
Iron mg	1	0%
Potassium	224	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Pizza GF crust		
Serving size 1/2 unit (265g)		
Amaunt Pre serving		
Calories 818		
%Dailye Valeu*		
Total Fat	48	62%
Saturated Fat	19	96%
Trans Fat 0g	0	
Cholesterol mg	131	44%
Sodium mg	1993	87%
Total Carbohydrate	67	24%
Fiber	2	6%
Total Sugars	5	
Protein	34	69%
Calcium	235	18%
Iron mg	1	0%
Potassium	450	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The 809 Pizza GF crust		
Serving size 1/2 unit (229.5g)		
Amaunt Pre serving		
Calories 693		
%Dailye Valeu*		
Total Fat	46	59%
Saturated Fat	20	101%
Trans Fat 0g	0	
Cholesterol mg	145	48%
Sodium mg	1968	86%
Total Carbohydrate	37	13%
Fiber	3	11%
Total Sugars	4	
Protein	36	72%
Calcium	331	25%
Iron mg	1	0%
Potassium	185	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Salad		
Serving size 1/2 unit ^(Full size) (163g)		
Amaunt Pre serving		
Calories 312		
%Dailye Valeu*		
Total Fat	22	29%
Saturated Fat	4	21%
Trans Fat 0g	0	
Cholesterol mg	35	12%
Sodium mg	197	9%
Total Carbohydrate	13	5%
Fiber	4	15%
Total Sugars	6	
Protein	17	34%
Calcium	74	6%
Iron mg	1	0%
Potassium	507	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Sandwich		
Serving size 1/2 unit (206g)		
Amaunt Pre serving		
Calories 420		
%Dailye Valeu*		
Total Fat	21	27%
Saturated Fat	4	20%
Trans Fat 0g	0	
Cholesterol mg	35	12%
Sodium mg	448	19%
Total Carbohydrate	38	14%
Fiber	5	19%
Total Sugars	31	
Protein	22	45%
Calcium	74	6%
Iron mg	1	0%
Potassium	507	11%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Pizza		
Serving size 1/2 unit (289g)		
Amaunt Pre serving		
Calories 514		
%Dailye Valeu*		
Total Fat	23	29%
Saturated Fat	4	19%
Trans Fat 0g	0	
Cholesterol mg	35	12%
Sodium mg	557	24%
Total Carbohydrate	55	20%
Fiber	6	21%
Total Sugars	6	
Protein	24	49%
Calcium	87	7%
Iron mg	4	0%
Potassium	575	12%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Pizza GF broccoli and cheddar crust		
Serving size 1/2 unit (268g)		
Amaunt Pre serving		
Calories 523		
%Dailye Valeu*		
Total Fat	27	35%
Saturated Fat	8	41%
Trans Fat 0g	0	
Cholesterol mg	58	19%
Sodium mg	552	24%
Total Carbohydrate	48	17%
Fiber	6	20%
Total Sugars	6	
Protein	24	49%
Calcium	268	21%
Iron mg	2	0%
Potassium	600	13%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Pizza		
Serving size 1/2 unit (300g)		
Amaunt Pre serving		
Calories 580		
%Dailye Valeu*		
Total Fat	27	34%
Saturated Fat	6	29%
Trans Fat 0g	0	
Cholesterol mg	35	12%
Sodium mg	503	22%
Total Carbohydrate	69	25%
Fiber	4	15%
Total Sugars	7	
Protein	21	41%
Calcium	93	7%
Iron mg	2	0%
Potassium	826	18%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
Oh Kale Yeah Pizza GF cauliflower crust		
Serving size 1/2 unit (264.5g)		
Amaunt Pre serving		
Calories 456		
%Dailye Valeu*		
Total Fat	24	31%
Saturated Fat	7	33%
Trans Fat 0g	0	
Cholesterol mg	49	16%
Sodium mg	478	21%
Total Carbohydrate	39	14%
Fiber	6	20%
Total Sugars	6	
Protein	23	45%
Calcium	189	15%
Iron mg	2	0%
Potassium	561	12%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Salad		
(Full size) Serving size 1/2 unit (138.2g)		
Amaunt Pre serving		
Calories 132		
%Dailye Valeu*		
Total Fat	9	12%
Saturated Fat	4	18%
Trans Fat 0g	0	
Cholesterol mg	83	28%
Sodium mg	584	25%
Total Carbohydrate	5	2%
Fiber	2	7%
Total Sugars	2	
Protein	6	11%
Calcium	127	10%
Iron mg	1	0%
Potassium	177	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Sandwich		
Serving size 1/2 unit (164g)		
Amaunt Pre serving		
Calories 303		
%Dailye Valeu*		
Total Fat	13	17%
Saturated Fat	5	26%
Trans Fat 0g	0	
Cholesterol mg	218	73%
Sodium mg	1161	50%
Total Carbohydrate	30	11%
Fiber	2	9%
Total Sugars	28	
Protein	17	34%
Calcium	86	7%
Iron mg	0	0%
Potassium	300	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Pizza		
Serving size 1/2 unit (241g)		
Amaunt Pre serving		
Calories 478		
%Dailye Valeu*		
Total Fat	22	28%
Saturated Fat	9	47%
Trans Fat 0g	0	
Cholesterol mg	120	40%
Sodium mg	1293	56%
Total Carbohydrate	48	17%
Fiber	3	10%
Total Sugars	3	
Protein	22	45%
Calcium	377	29%
Iron mg	3	0%
Potassium	344	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Pizza GF brocoli and cheddar crust		
Serving size 1/2 unit (211g)		
Amaunt Pre serving		
Calories 486		
%Dailye Valeu*		
Total Fat	26	34%
Saturated Fat	14	70%
Trans Fat 0g	0	
Cholesterol mg	142	47%
Sodium mg	1288	56%
Total Carbohydrate	41	15%
Fiber	3	10%
Total Sugars	3	
Protein	22	44%
Calcium	558	43%
Iron mg	1	0%
Potassium	370	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Pizza GF crust		
Serving size 1/2 unit (244g)		
Amaunt Pre serving		
Calories 544		
%Dailye Valeu*		
Total Fat	26	33%
Saturated Fat	11	57%
Trans Fat 0g	0	
Cholesterol mg	120	40%
Sodium mg	1239	54%
Total Carbohydrate	62	23%
Fiber	1	4%
Total Sugars	4	
Protein	19	37%
Calcium	383	29%
Iron mg	1	0%
Potassium	596	13%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Italian Pizza GF cauliflower crust		
Serving size 1/2 unit (194g)		
Amaunt Pre serving		
Calories 419		
%Dailye Valeu*		
Total Fat	23	30%
Saturated Fat	12	62%
Trans Fat 0g	0	
Cholesterol mg	134	45%
Sodium mg	1214	53%
Total Carbohydrate	32	12%
Fiber	3	10%
Total Sugars	3	
Protein	20	41%
Calcium	478	37%
Iron mg	1	0%
Potassium	331	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market Salad		
Serving size 1/2 unit (85g) ^(Full size)		
Amaunt Pre serving		
Calories 145		
%Dailye Valeu*		
Total Fat	9	11%
Saturated Fat	2	12%
Trans Fat 0g	0	
Cholesterol mg	10	3%
Sodium mg	51	2%
Total Carbohydrate	14	5%
Fiber	2	9%
Total Sugars	11	
Protein	4	8%
Calcium	58	4%
Iron mg	1	0%
Potassium	304	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market Sandwich		
Serving size 1/2 unit (121g)		
Amaunt Pre serving		
Calories 279		
%Dailye Valeu*		
Total Fat	10	13%
Saturated Fat	3	14%
Trans Fat 0g	0	
Cholesterol mg	10	3%
Sodium mg	340	15%
Total Carbohydrate	40	15%
Fiber	3	11%
Total Sugars	37	
Protein	9	18%
Calcium	43	3%
Iron mg	1	0%
Potassium	222	5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market Pizza		
Serving size 1/2 unit (148g)		
Amaunt Pre serving		
Calories 374		
%Dailye Valeu*		
Total Fat	12	15%
Saturated Fat	2	12%
Trans Fat 0g	0	
Cholesterol mg	10	3%
Sodium mg	450	20%
Total Carbohydrate	57	21%
Fiber	4	13%
Total Sugars	12	
Protein	11	22%
Calcium	57	4%
Iron mg	3	0%
Potassium	307	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market Pizza GF brocoli and cheddar crust		
Serving size 1/2 unit (161.5g)		
Amaunt Pre serving		
Calories 383		
%Dailye Valeu*		
Total Fat	16	21%
Saturated Fat	7	35%
Trans Fat 0g	0	
Cholesterol mg	32	11%
Sodium mg	444	19%
Total Carbohydrate	50	18%
Fiber	3	12%
Total Sugars	12	
Protein	11	22%
Calcium	238	18%
Iron mg	1	0%
Potassium	333	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market Pizza GF crust		
Serving size 1/2 unit (194g)		
Amaunt Pre serving		
Calories 440		
%Dailye Valeu*		
Total Fat	16	20%
Saturated Fat	4	22%
Trans Fat 0g	0	
Cholesterol mg	10	3%
Sodium mg	396	17%
Total Carbohydrate	71	26%
Fiber	2	7%
Total Sugars	13	
Protein	7	15%
Calcium	63	5%
Iron mg	1	0%
Potassium	559	12%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

Nutrition Facts		
The Market GF cauliflower crust		
Serving size 1/2 unit (158.5g)		
Amaunt Pre serving		
Calories 315		
%Dailye Valeu*		
Total Fat	13	17%
Saturated Fat	5	27%
Trans Fat 0g	0	
Cholesterol mg	24	8%
Sodium mg	371	16%
Total Carbohydrate	41	15%
Fiber	3	12%
Total Sugars	12	
Protein	9	18%
Calcium	158	12%
Iron mg	1	0%
Potassium	294	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for		

